



140 acres of coastal retreat and conservancy - Cortes Island BC, Canada

Complete form and send with \$1270.00 (\$1245.00 workshop fee + \$25.00 processing fee)

Cheque payable to FOCR (Friends of Channel Rock) or money order in Canadian or US Funds.

If you live on Cortes Island or prefer to find your own lodging, you are welcome to enroll and may participate in all activities of the Food Security Workshop sessions. Cost is \$600.00 for the full week. (no meals included)

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_

PROVINCE/STATE: \_\_\_\_\_

POSTAL/ZIP CODE: \_\_\_\_\_ COUNTRY: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

EMAIL: \_\_\_\_\_

Application Form  
Food Security  
Workshop  
September 19-26

Channel rock has a variety of lodging available, including tents, tipis, yurts and beautiful cabins. All beds and bedding are of the highest quality, whether in a view cabin or tent. The costs of the workshop includes 3 meals a day and snacks made of organic ingredients whenever possible. In the summer, the majority of our produce is from our organic permaculture garden.

Channel Rock does its best to meet the needs of those with environmental sensitivities. All of our buildings are built with natural materials, as much as possible sourced from our own land. Accommodations are carefully kept clean and mold free. Bedding is hypoallergenic and pillows and mattresses have allergy covers. Wool free Bedding available upon request.

Please select your preference of accommodation:

- shared accommodation in our variety of lodgings
- private accommodation in an individual tent
- no preference

Send your cheque to:

**Friends of Channel Rock**  
Ester Srijbos – Registration Office  
PO Box 107  
Whaletown, BC  
V0P1Z0, Canada

**PLEASE NOTE:** Cheques should be made out to Friends of Channel Rock

- I am sending you the total of \$1270 (\$1245 workshop fee + \$25 processing fee)
- I am sending you the total of \$625 (\$600 workshop fee + \$25 processing fee), I have arranged my own lodgings.

Yes, I have read the cancellation policy

Signature: \_\_\_\_\_

Date: \_\_\_\_\_